



## Focus Check

Read *Troubleshooters #1: YOU* before answering the questions below.

### True or False

- True  False 1. God loves people based on how smart and good-looking they are.
- True  False 2. Everyone has certain things they are good at.
- True  False 3. People who don't feel good about who they are sometimes get into dangerous behaviors.
- True  False 4. Having lots of money and the latest cool stuff is a sure way to be happy.
- True  False 5. You can talk to God about anything that's happening in your life.

### Multiple Choice

6. An effective way to feel good about yourself is:
- put other people down.
  - do something to help a person in need.
7. Each person is valuable because
- they are a unique person created by God.
  - they have minerals in their body worth at least \$3.
8. If we are confident and treat ourselves with respect
- others will think we are stuck up.
  - others will probably treat us with respect, too.

### What Do YOU Think?

I would like to have a better attitude toward myself.

Yes  No

Knowing that God created me and loves me helps me feel valuable.

Yes  No

I would like God's help in developing my good traits.

Yes  No

#### Answers for Troubleshooters #1: YOU

(Page 3) Answers will vary.

(Page 4) See, looks, outward, appearance, looks, heart

(Page 5) Answers will vary.

(Page 6, #3) Answers will vary.

(Page 6, #4) I have loved you with an everlasting love.